



# Department of Physical Therapy and Rehabilitation Science

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Home > Patient Care > Outpatient Faculty Practices

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## Outpatient Faculty Practice



### Overview

The Outpatient Physical Therapy Faculty Practice offers expert physical therapy consultations, evaluations, and interventions to patients of all ages for musculoskeletal and neuromusculoskeletal problems impacting function. Our providers are certified specialists in orthopedics, sports, neurology, vestibular disorders, and geriatrics. Many of our providers specialize in working with patients with musculoskeletal injuries of the extremities, spine problems, chronic pain, hemophilia, injured athletes, injured workers, and patients with neurological insults and degenerative conditions. Practice providers also perform ergonomic evaluations at the work site. All providers adhere to the Ethical Code of Conduct and Standards of Practice of the American Physical Therapy Association (APTA) and to UCSF Medical Staff bylaws, and conform to the scope of practice and licensure laws and regulations for physical therapy practice in California.

Patients may access adult and pediatric therapy services by referral from another health provider (usually a physician).

To make an appointment, please contact:

## Adult Services

- UCSF Outpatient Physical Therapy Faculty Practice (adult services) [1]

## Pediatric Services

- UCSF Outpatient Pediatric Rehabilitation Clinic (pediatric services) [2]

## Women's Health Specialties

- For information on incontinence, visit the Women's Continence Center [3].
- For information on pelvic pain, visit the Chronic Pelvic Pain Clinic [4].
- For information on women's health issues and to make an appointment, visit the Women's Health Resource Center [5].

## Inpatient Services

- UCSF Inpatient Physical Therapy Clinic [6]
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## Services Provided

In each therapy discipline, we provide consultation, evaluation, intervention and patient/family education to resolve identified impairments and to maximize patients' physical function. The range of services provided includes consultation, patient evaluation, treatment planning, and physical therapy interventions.

If the initial evaluation findings are consistent with the pre-existing or referring diagnosis, treatment goals are established and a treatment plan is designed and initiated with the consent of the patient. If not, the therapist will consult the referring physician prior to initiating therapy. Achievement of goals is the primary method utilized by therapists to assess effectiveness of therapeutic intervention.

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## Other Available Services

We offer an array of specialized services at our PhysFit Physical Therapy Health & Wellness Center [7], including RunFit [8]. In collaboration with UCSF Orthopaedic Institute, we also provide an multidisciplinary RunSafe [9] program for injury prevention and analysis.

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UCSF Main Site

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**Source URL:** <http://ptrehab.ucsf.edu/outpatient-faculty-practice>

### Links

[1] <http://ptrehab.ucsf.edu/patients>

- [2] [https://www.ucsfbenioffchildrens.org/clinics/outpatient\\_therapy/index.html](https://www.ucsfbenioffchildrens.org/clinics/outpatient_therapy/index.html)
- [3] <http://coe.ucsf.edu/wcc/>
- [4] [http://www.ucsfhealth.org/clinics/chronic\\_pelvic\\_pain\\_center/](http://www.ucsfhealth.org/clinics/chronic_pelvic_pain_center/)
- [5] <http://www.whrc.ucsf.edu/whrc/>
- [6] [http://rehabservices.ucsfmedicalcenter.org/patient\\_care/](http://rehabservices.ucsfmedicalcenter.org/patient_care/)
- [7] <http://ptrehab.ucsf.edu/physfit-health-wellness-center>
- [8] <http://ptrehab.ucsf.edu/runfit>
- [9] <http://orthosurg.ucsf.edu/outreach/programs/runsafe/>