IMPROVE OUTCOMES WITH:

INEFFICIENT MOVEMENT PATTERNS
SCAR MOBILIZATION
SPORTS INJURIES
MUSCLE HYPERTONICITY
POST-SURGICAL ADHESIONS
CONTRACTURES
OVERUSE INJURIES
POSTURAL SYNDROMES
RIB DYSFUNCTIONS
DECREASED FLEXIBILITY
CHRONIC ORTHOPEDIC ISSUES

UPCOMING COURSES

SAN FRANCISCO, CA
MFDc LEVEL 2 JULY 23
MFD LEVEL 1 SEP 10

NEW YORK CITY
MFD LEVEL 1 SEP 30
MFDc LEVEL 2 OCT 1

HONOLULU, HI
MFD LEVEL 1 OCT 28

ATLANTA, GA
MFD LEVEL 1 NOV 4

LEARN MORE

Visit www.cuptherapy.com for more information, online course registration and more!

If you'd like to share your photos, just tag us @cuptherapy. We're on Instagram and Facebook!
REGISTRATION FORM

- San Francisco, Level 1 Sep 10
  Sunday 8:00 am - 4:30 pm
  UCSF Mission Bay Campus

- New York City Level 1 Sep 30
  Sunday 8:00 am - 4:30 pm
  STAR Physical Therapy

- New York City Level 2 Oct 1
  Sunday 8:00 am - 4:30 pm
  STAR Physical Therapy

- Honolulu, HI Level 1 Oct 28
  Saturday 8:00 am - 4:30 pm
  Shriner’s Hospital for Children

Name
Facility
Email
Phone

Discipline? PT | ATC | PTA | OT | OD

Please indicate by circling
Cost per Course: $280
Group Discount 2+: $230 each
Student Discount: $180
8 CEU Approved Contact Hours

*Course cost includes: personal Deluxe 24 piece pneumatic negative pressure decompression set.

Total: ____________________________
Check # ____________________________
Payable TO BAS Sports Performance & Rehabilitation

This form must be received at least 10 days prior to course, and may be scanned and emailed to:
CupTherapy@gmail.com
Or mailed to 678 Church St, San Francisco, CA 94114

CEU’s APPROVED for the California Physical Therapy Board, & the Board of Certification for ATs.
Confirmation for the course and other correspondence will be given via EMAIL, so please print legibly.
Please bring shorts & tank for lab. All course cancellations must be submitted in writing and received
at least 10 days prior to the course. Refunds or transfers may incur a $50 fee for processing. BAS
Performance and Rehabilitation will not be responsible for any expenses refunded other than course
tuition. No refunds given after 7 days prior to the course. BAS Performance and Rehabilitation
reserves the right to cancel a course up to 2 weeks prior to course for circumstances beyond its
control, with only tuition being fully refunded. Locations can be found on Google maps.

ABOUT THE COURSE

In this one day course you will learn to increase the efficiency of motion with negative pressure
tools through fascial flexibility and neuromuscular re-education.

It is our goal as clinicians to restore function to our patients as timely as possible. The techniques in this
course will take the “sore thumb” out of integrating a strong manual based approach to musculoskeletal
disorders with movement pattern re-education. MFD is one of the few techniques that increases the space for
mobility compared with most other manual therapy compressive interventions.

OBJECTIVES

- Describe the properties skin/fascia and its interface with the musculoskeletal and neurologic systems.
- Describe histological subunits of myofascial layers, trigger points, common referred pain patterns, fascial
  lines, and Janda’s postural syndromes.
- Describe precautions and contraindications when using negative pressure tools; documentation and billing.
- Utilize manual applications of MFD to treat orthopedic issues, sports injuries, and P/O adhesion; expedite results, increase efficiency, drastically improve outcomes.
- Implement basic neuromuscular re-education principles after MFD to restore optimal function.

COURSE INSTRUCTORS

CHRISTOPHER DAPRATO DPT, CSCS, SCS, PES

DANIEL KELLER PT, DPT

Dr. DaPrato is on Faculty with UCSF at the School of Medicine Mission Bay Campus, and treats all spectrums of sports and orthopedics. Prior to his current position he was a Team Physical Therapist for the University of CA Golden Bears Athletics Department, and a previous Clinic Director in the Denver area. His approach to patient care also encompasses advanced level strength and conditioning, and is a CSCS through the NSCA, and a Performance Enhancement Specialist from the National Academy of Sports Medicine. He is a strong proponent and educator for manual therapy in sports orthopedics, and has specialized in HVLATs, movement efficiency retraining, and functional manual therapy.

Dr. Danny Keller works at the UCSF Faculty Practice, where he treats a wide variety of patients in the orthopedic and sports realm, as well as assisting with instruction and clinical education in the UCSF Physical Therapy Doctoral Program. He also spends time as one of two primary treating therapists for the UCSF Osseointegration Program for amputees. Danny has been assisting with the Myofascial Decompression classes since 2016. Trained in Maitland Techniques, Mulligan Techniques, MFD, and many osteopathic methods, he enjoys a multi-modal approach to helping patients improve.