

Spring Symposium 2017

UCSF/SFSU Graduate Program
in Physical Therapy



Registration Information

Name

Billing Address (for Credit Card)

City, State, Zip

Phone

Email

Profession (please note, CEUs for PTs only)

Payment Information

Registration Fee: \$80

Preferred payment method: Credit Card

Circle Type: Visa MC Discover

Credit Card #

Exp. Date

Check # (Payable to UC Regents). Mail to: Stephanie
Wallace, UCSF, Box 0736, San Francisco, CA 94143

Please send form to Stephanie Wallace via email at
stephanie.wallace@ucsf.edu or call (415) 514-6777
to register over the phone.

Questions: (415) 514-6777

Registration Deadline: February 24, 2017

Contact Hours: 7.67 hours/0.77 CEUs

March 4, 2017

8am to 5pm

UCSF Parnassus Campus
Cole Hall

Presentations also in
HSW-300, 301, 302, 303

Basic Course Schedule*

8:00-8:10	Registration (Cole Hall)
8:10-8:25	Welcome (Cole Hall)
8:25-9:45	Keynote speakers
9:45-9:55	Break
9:55-11:10	Timeslot 1*
11:10-11:15	Transition
11:15-12:05	Timeslot 2*
12:05-12:50	Lunch
12:50-2:05	Timeslot 3*
2:05 -2:30	Posters
2:30-3:20	Timeslot 4*
3:20-3:25	Transition
3:25-4:40	Timeslot 5*
4:40-4:45	Transition
4:45-5:00	Closing remarks (Cole Hall)

**For each timeslot, you'll choose the room
with presentations that appeal to you.*

Spring Symposium:

Evidence to Clinical Practice

For Physical Therapists & Colleagues in Rehabilitation

March 4, 2017

8am-5pm



UCSF

Keynote Speakers and DPT Students Present

This annual symposium is an opportunity for students, faculty, and keynote speakers to update peers, alumni and clinicians from the community in current evidence supporting physical therapy clinical practice. Third-year DPT students are presenting their culminating experience evidence-based reviews and/or meta-analyses.

Keynote:

“Rehabilitative Therapies for Pediatric Amplified Pain Syndrome”
and *“Pediatric Amplified Pain Rehabilitation Program at UCSF Benioff Children’s Hospital”*

Speakers:

William Bernal, MD, MPH

Dr. William Bernal is a Pediatric Rheumatologist and Pain specialist and Assistant Clinical Professor of Pediatrics at the University of California, San Francisco. He also developed and directs the Pediatric Amplified Pain Rehabilitation (PAPR) program at UCSF Benioff Children's Hospital San Francisco, an intensive inpatient program consisting of Physical Therapy, Occupational Therapy, Creative Arts Therapy and Psychotherapy to restore function in pediatric patients disabled by amplified pain. Dr. Bernal is a member of the Integrated Pediatric Pain Management (IP3) interdisciplinary team, and he is co-director of the IP3 Pain Management Clinic.

Neha Seth, PT, MSBKN, PCS

Neha Seth is a Pediatric Certified Specialist Physical Therapist and Volunteer Clinical Faculty at University of California, San Francisco. She helped develop and is the Primary Physical Therapist for the PAPR Program at UCSF Benioff Children’s Hospital, an intensive inpatient program focusing on a multi-disciplinary approach. She is also the Primary PT for the Pediatric Acute Rehabilitation program.

UCSF/SFSU Graduate Program in Physical Therapy 2017 Spring Symposium Schedule

	HSW-300 Ortho	HSW-301 Neuro, Pediatrics	HSW-302 Oncology, Women's Health, Misc.	HSW-303 Wellness, Prevention
Timeslot 1 9:55-11:10	Effectiveness of Risk-Stratified care for Low Back Pain using the STarT Back Tool - <i>Jessica Yeskoo</i>	The Effectiveness of Aquatic Therapy on Functional Mobility, Fatigue, and Quality of Life in People with Multiple Sclerosis - <i>Lauren Opatry</i>	The Effectiveness of Structured Interventions on Physiologic Immune Markers among Caregivers - <i>Carolyn Celio Merritt</i>	Do Ankle and Foot Manual Therapy Improve Balance in Healthy Older Adults? - <i>Josh Bader</i>
	The Effect of Including Pain Neuroscience Education on Disability, Pain, and Kinesiophobia for Adults with Chronic Spinal Pain - <i>Andrea Anderson</i>	The Effect of an Ankle-Foot Orthosis on Tibialis Anterior Muscle Activation During Gait for Patients Post-Stroke - <i>Megan Danley</i>	Effect of long-term static stretching on muscle strength in healthy adults - <i>Jo Kerr</i>	The Impact of Autonomy on Motor Performance & Learning in Healthy Young Adults - <i>Debbie Magnani</i>
	The Effect of Mindfulness Meditation on Pain in Patients with Chronic Lower Back Pain - <i>Tiffany Gougeon</i>	The effectiveness of kinesio tape on improving balance and gait speed post-stroke - <i>Kelsea Brajkovich</i>	The Effect of Inpatient Physical Activity on Quality of Life of Children with Cancer - <i>Gabby Mickevicius</i>	Does the Y Balance test predict injury during sport participation? - <i>Isaac Perloff</i>
Timeslot 2 11:15-12:05	The Effectiveness of a Cervical Training Program for Improving Cervical Pain, Muscle Strength and Motor Control in Military Pilots - <i>Courtney Mahaffey</i>	Does Stationary Cycling Improve Balance and Gait Speed in the Healthy Elderly and Adults Post-Stroke? - <i>Jones</i>	The Effectiveness of Balance Training in Patients with Chemotherapy-Induced Peripheral Neuropathy - <i>Scott Puracchio</i>	Effectiveness of Slackline Training on Improving Balance Performance in Healthy Adults - <i>Christina Ho</i>
	Hip and Pelvic Movement Patterns in Patients with Femoroacetabular Impingement During a Squatting Task - <i>Weston Bergh</i>	Does hippotherapy improve gross motor function outcomes in children with Cerebral Palsy? - <i>Sherry Hudson</i>	The Efficacy of Yoga in Improving Limb Volume, Strength and Quality of Life in Women with Breast Cancer Related Lymphedema - <i>Lindsay Mathewkutty</i>	The Effect of Power Training on Balance, Gait, Strength, and Other Functional Outcomes in Healthy Older Adults - <i>Reese Wong</i>
Lunch				
Timeslot 3 12:50-2:05	The Effectiveness of Cognitive Behavioral Therapy combined with physical therapy on reducing fear avoidance in patients with chronic low back pain - <i>Aaron Cortez</i>	Gait Differences Among Children with Autism Spectrum Disorder Compared to Typically Developing Children - <i>Jennie Amaral</i>	Facial Rehabilitation: Does the combination of physical therapy with botulinum toxin improve function? - <i>Sara Dinkin</i>	The Combined Effect of Fatigue and Unanticipated Events on High Risk ACL Injury Kinematics in Female Athletes - <i>Sarah Correll</i>
	Functional outcomes of FAI arthroscopy with labral repair vs. labral debridement - <i>Stevie Hartley-Newman</i>	The Therapeutic Effects of Functional Electrical Stimulation on Gait for Patients with Chronic Stroke - <i>Jeremy Feldman</i>	The effect of physical activity in breast cancer survivors with arthralgia related to aromatase inhibitors - <i>Jen Field</i>	Is poor sleep a risk factor for neck pain in healthy adults? - <i>Sara Suddes</i>
	Does prehabilitation improve post-operative outcomes for patients undergoing total knee arthroplasty? - <i>Christina Gee</i>	Effectiveness of Aquatic Exercise on Disease Severity, Functional Mobility, Balance, and Quality of Life in Patients with Parkinson's Disease - <i>Glendon MacDuff</i>	The Effectiveness of Long-Term Resistance Training on Anxiety - <i>Alvin Yu</i>	The Effect of Upright Sitting Posture on Mood in Healthy Adults - <i>Nicole Gong</i>
Posters				
Timeslot 4 2:30-3:20	Effectiveness of sensory discrimination training for pain and disability in chronic low back pain - <i>Vincent Mak</i>	The Effects of Backward Walking Training on Gait and Balance in Adults Post-Stroke: A Meta Analysis - <i>Alissa Whelan</i>	The Efficacy of Lumbopelvic Stabilization Exercise Compared to HVLA Joint Mobilization in Treating Sacroiliac Joint Dysfunction in Non-Pregnant Adults - <i>Lisa Keyan</i>	Effectiveness of FIFA-11+ in preventing injuries in youth athletes - <i>Mark Akizuki</i>
	The Effect of Yoga on Pain, Function, Quality of Life, and Gait Speed for People with Knee Osteoarthritis - <i>Kelsey McClurg</i>	Exergaming's Effect on Pain and Upper Extremity Range of Motion in Children with Burn injuries - <i>Bryan Gruner</i>	The Effect of Exercise on Functional Mobility, Muscle Mass, and QOL for Patients with Cirrhosis - <i>Agnes Hahn</i>	Effects of Aerobic vs Resistance Training on Systemic Inflammatory Markers - <i>Alicia Terwilliger</i>
Timeslot 5 3:25-4:40	Injury incidence and prevalence in extreme conditioning programs/CrossFit compared to other forms of exercise - <i>Brent Kobs</i>	The effect of social and family support on quality of life in patients with spinal cord injuries - <i>Kaylin Spiteri</i>	The Effect of Chronic High-Impact Activity on Pelvic Floor Muscle Strength and Thickness: a Systematic Review and Meta-Analysis - <i>Heather Hutchinson</i>	The Effectiveness of Aquatic Physical Therapy versus Land-Based Physical Therapy on Balance in Healthy Older Adults - <i>Claire Andrews</i>
	The Effect of Psychological Interventions with Physical Therapy for Athletes following Anterior Cruciate Ligament Reconstruction - <i>Jamil Devers</i>	The Effects of Single Dose Antidepressants on Functional Outcomes in Non-Depressed Persons with Chronic Stroke - <i>Kini Weaver</i>	Does Active Exercise Decrease Depressive Symptoms in Postpartum Women? - <i>Nicole Boothe</i>	Effects of social media on body dissatisfaction in adolescent and young adult females - <i>Jillian Ramos</i>
	The effectiveness of mobilization with movement on range of motion, dynamic postural control, and self-reported function after a lateral ankle sprain - <i>Kyle Nelson</i>	The Effectiveness of Schroth Method Exercises as Conservative Treatment for Adolescents with Idiopathic Scoliosis - <i>Lauren Nager</i>		
	Ortho HSW-300	Neuro, Pediatrics HSW-301	Oncology, Women's Health, Misc. HSW-302	Wellness, Prevention HSW-303