



Department of Physical Therapy and Rehabilitation Science

Published on *Department of Physical Therapy & Rehabilitation Science* (<https://ptrehab.ucsf.edu>)

Home > Elise Tarrant, PT, DPT, OCS

Elise Tarrant, PT, DPT, OCS



**Assistant Clinical Professor, UCSF
Physical Therapist**

Phone: (415) 353-7598

Email: elise.tarrant@ucsf.edu ^[1]

Mailing: UCSF, Box 0625, San Francisco, CA 94143

EDUCATION

- BS, Kinesiology, California Polytechnic State University, San Luis Obispo, CA 2011
 - DPT, Physical Therapy, University of California San Francisco, San Francisco State University, CA 2015
-

BOARD CERTIFICATIONS

- Physical Therapist ^[2] (PT)
 - Orthopedic Clinical Specialist ^[3] (OCS)
-

BIOGRAPHY

Dr. Tarrant is currently working as part of the Faculty Practice at the Lakeshore campus. She obtained her B.S. from California Polytechnic State University, San Luis Obispo, and her Doctor of Physical Therapy from the University of California San Francisco/San Francisco State University. She completed a year long manual therapy course at Folsom Physical Therapy in 2016, followed by completing her orthopedic residency at the University of California San Francisco in 2018. She has experience working in primarily outpatient settings.

When not helping patients at the clinic, Elise enjoys traveling, cooking, walking, spending time with family and friends, and cheering on the SF Giants.

CLINICAL EXPERTISE

Dr. Tarrant has primarily focused and practiced in an outpatient orthopedic setting. She worked in a private practice orthopedic clinic in Burlingame for 1.5 years while completing the Folsom Physical Therapy Manual Therapy Course over fourteen weekends. With a desire to further her clinical reasoning and manual skills, she returned to UCSF to complete an orthopedic residency. She is currently an outpatient orthopedic therapist at the Faculty Practice, Lakeshore campus.

CLINICAL & RESEARCH INTERESTS

- Rehabilitation strategies for people with orthopedic problems including neck and back pain, acute and chronic conditions
- Manual therapy techniques

Contact Us
Make A Gift
UCSF Main Site

© 2015 The Regents of the University of California

Source URL: <https://ptrehab.ucsf.edu/elise-tarrant-pt-dpt-ocs>

Links

[1] <mailto:Daniel.Keller@ucsf.edu>

[2] <http://www.apta.org/>

[3] <http://www.abpts.org/Certification/>