



Department of Physical Therapy and Rehabilitation Science

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Kenneth Leung, PT, DPT, OCS, CSCS



**Assistant Clinical Professor, UCSF
Physical Therapist**

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Mailing: UCSF, Box 0625, San Francisco, CA 94143

EDUCATION

- BA, Molecular and Cellular Biology (emphasis in Neurobiology) with minor in Education, University of California, Berkeley, CA, 2002
 - DPT, Physical Therapy, University of Southern California, Los Angeles, CA, 2011
 - Certificate, Orthopedic Physical Therapy Residency, University of Southern California, Los Angeles, CA, 2012
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BOARD CERTIFICATIONS

- Physical Therapist ^[2] (PT)
 - O ^[3] Orthopedic Clinical Specialist ^[4] (OCS)
 - Certified Strength and Conditioning Specialist ^[5] (CSCS)
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BIOGRAPHY

Dr. Leung obtained his B.A. from UC Berkeley and his Doctor of Physical Therapy and completed Orthopedic Residency from the University of Southern California. Dr. Leung has a wide range of experiences stemming from his education in neurobiology and over 20 years of martial arts. He maintains an active lifestyle with active participation in martial arts, individual and team sports. Dr. Leung's primary interest is to use his manual skills and therapeutic training concepts to help people of all levels excel in their own personal performance endeavors.

COURSES

- PT 202 Therapeutic Modalities
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CLINICAL EXPERTISE

Dr. Leung emphasizes functional training and education to emphasize and promote habitual change. He focuses on body awareness and optimizing biomechanics to improve efficiency and decrease stress. In addition, Dr. Leung is trained with joint and soft tissue mobilizations to help facilitate movement efficiency. He uses a multifactorial approach to assist people to help promote recovery and to enhance quality of life.

CLINICAL & RESEARCH INTERESTS

- Evidence-based therapeutic exercise and manual treatment interventions
- Injury prevention and Sport specific functional rehabilitation for return to sport
- Movement re-education for upper and lower extremity dysfunction
- Use of wellness programs to maximize quality of life

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