



# Department of Physical Therapy and Rehabilitation Science

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## **Nikita Shah, PT, DPT, OCS**



**Physical Therapist**

**Assistant Clinical Professor, without salary**

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### **EDUCATION**

- B.Sc in Molecular & Cell Biology and Psychology, Pre-Med, Univ. of Illinois at Urbana-Champaign
  - Doctor of Physical Therapy, Duke University
  - Orthopedic PT Residency, Massachusetts General Hospital Institute of Health Professions
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### **BOARD CERTIFICATIONS**

- Physical Therapist <sup>[2]</sup> (PT)
  - Orthopedic Clinical Specialist <sup>[3]</sup> (OCS)
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## BIOGRAPHY

After graduating with her DPT, Dr. Shah worked at a Women's Health PT practice in the Chicago area for 2 years, and then went on to do a year-long residency in Orthopedics at the Massachusetts General Hospital in Boston before moving to SF. Dr. Shah became board certified in Orthopedics in 2015. Her current practice at UCSF Faculty Practice combines her passions for Orthopedics and Pelvic Health/Women's Health. She is driven by her passion for life-long learning & evidence-based PT, and strives to combine her knowledge, and compassion in order to provide patient centered care. She also enjoys travelling and speaks 5 different languages.

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## CLINICAL EXPERTISE

- Women's Health PT: prenatal/postpartum PT, pelvic floor dysfunction/incontinence, pelvic pain
- Orthopedic PT: spine & extremities, lumbopelvic dysfunctions

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### Links

[1] <mailto:nikita.shah@ucsf.edu>

[2] <http://www.apta.org/>

[3] <http://www.abpts.org/Certification/>