



Department of Physical Therapy and Rehabilitation Science

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**Assistant Clinical Professor, UCSF
Physical Therapist**

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EDUCATION

- BA, Kinesiology, Health & Human Performance, Saint Mary's College of California, 2008
 - DPT, Physical Therapy, University of California, San Francisco, CA, 2014
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BOARD CERTIFICATIONS

- Physical Therapist ^[2] (PT)
 - Orthopedic Clinical Specialist ^[3] (OCS)
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BIOGRAPHY

Dr. Keller received his BA in Kinesiology, with an emphasis in Health and Human Performance, from Saint Mary's College of California. While at SMC, he spent time helping to develop the Human Performance Laboratory for exercise physiology testing, as well as playing for and coaching the men's club volleyball team. Following his undergraduate education, Danny worked as a personal trainer at 24 Hour Fitness, as well as privately, helping a wide variety of people to return to active lifestyles.

In 2011, Danny attended the University of California, San Francisco/San Francisco State University joint program in Physical Therapy, where he received his Doctor of Physical Therapy (DPT) degree. During his time there, he was involved with research in knee osteoarthritis, as well as authoring and presenting an evidence-based research paper on pelvic floor exercise for low back pain. He traveled to multiple areas throughout the west coast for clinical internships over the three year period, learning from many different therapists with many different styles and knowledge bases. His last clinical internship allowed him to work under the skilled therapists at the UCSF Faculty Practice Outpatient Physical Therapy Clinic, where he returned a few years later as a staff member.

When not helping patients at the clinic, Danny enjoys racing cars, traveling, spending time with friends, rooting for the Giants and 49ers, and spending quality time with his wife, son, and dogs.

COURSES

PT 110 Orthopedics & Rehabilitation Diagnosis and Treatment

CLINICAL EXPERTISE

Dr. Keller has treated a wide variety of patients in the orthopedic and sports populations, including general and sport-specific injuries, genetic disorders, and an array of post-surgical knees, hips, spines, shoulders, elbows, ankles and feet. He has been trained in Maitland Techniques, Mulligan Techniques, Myofascial Decompression, and many osteopathic methods. He currently assists with labs for the UCSF Physical Therapy Doctoral Program, as well as Myofascial Decompression courses.

CLINICAL & RESEARCH INTERESTS

- Rehabilitation strategies for people with orthopedic and sport injuries
- Knee osteoarthritis and stair descent patterns
- Pelvic floor strengthening for treatment of low back pain
- Exercises for NASA astronauts

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